



Institute of Noetic Sciences

Tucson Community Group

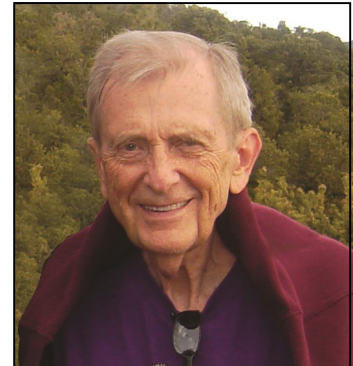
HOW DREAMS CAN LEAD TO CREATIVE BREAKTHROUGHS

Friday, March 3 , 2017

at 6:30 PM

Open to the Public — Cost: \$5

Unity of Tucson, 3617 N. Camino Blanco
off River between Swan & Craycroft



Dr. Stanley Krippner

Many people, including some prominent scientists, believe that nighttime dreams are random images, useless by-products of brain activity. However, there is considerable laboratory evidence that dreams serve useful functions including memory storage, emotional downloading, future planning, and creative problem-solving. Dr. Krippner will focus on the latter, explaining how dreams evoked creative insights in music, literature, mathematics, science, and theology. Mozart, Wagner, Ramanujan, Loewi, Robert Louis Stevenson, and Paul McCartney all credited a dream with some of their remarkable work. Participants will be taught how to "incubate" and "program" their own dreams when they are in need of a solution to a life issue or creative product.

Dr. Stanley Krippner is a psychologist, parapsychologist, and an executive faculty member and Professor of Psychology at Saybrook University in Oakland, California. Formerly, Krippner was director of the Kent State University Child Study Center and director of the Miamonides Medical Center Dream Research Laboratory in Brooklyn, New York. Dr. Krippner has written extensively on altered states of consciousness, dream telepathy, hypnosis, shamanism, dissociation and parapsychological subjects.

For more information about the program and speaker,
please go to: www.IONSTucson.org



This event supports IONS Tucson's mission to serve our community by offering opportunities to explore consciousness, inspiring a shift in perceptions, beliefs and actions. Views expressed by speakers and participants do not necessarily reflect those of IONS Tucson.

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